

SAMPLE MENU

FLEISCHMAN RESIDENCE & BROWN MEMORY CARE PAVILION

Breakfast

Lunch

Dinner

Sun

Juice
Fruit of the Day
Hot Cereal
Hard Boiled Egg
Breakfast Bread
Yogurt

Couscous Soup
Chopped Veggies
Greek Omelet
Latkes
Stewed Tomatoes
Oreo Cake | SF

Chicken Soup
House Salad
Eggplant Parmesan
Orzo Pilaf
Sweet Corn
Ice Cream | SF

Mon

Juice
Fruit of the Day
Hot Cereal
Hard Boiled Egg
Donut
Yogurt

Root Vegetable Soup
Coleslaw
Fish Sticks
with Tartar Sauce
Tater Tots
Ice Cream | SF

Greek Garbanzo Soup
House Salad
Herring Salad
Coconut Chicken
Au Gratin Potato
Carrots with Dill
Apple Turnover | SF

Tue

Juice
Fruit of the Day
Hot Cereal
Hard Boiled Egg
Danish
Yogurt

Tomato Soup
Kidney Bean Salad
Tortellini with
Cream Sauce
Broccoli Florets
Rugelach | SF

Split Pea Soup
House Salad
Pear and Walnut Salad
Baked Fish
Brown Rice & Squash
Oatmeal Cookie | SF

Wed

Juice
Fruit of the Day
Hot Cereal
Hard Boiled Egg
Muffins
Yogurt

Navy Bean Salad
Seafood Salad
Fruit Blintzes
Green Beans
Truffles | SF

Leek & Vegetable Soup
House Salad
Antipasto Salad
Cavatappi with Meat Sauce
or Creamed Spinach
Garlic Bread
Fruit Parfait
Fresh Fruit

Breakfast

Lunch

Dinner

Thu

Juice
Fruit of the Day
Hot Cereal
Hard Boiled Egg
Cinnamon Pastry
Yogurt

Corn Chowder Soup
Melon
Sloppy Joe
Mixed Vegetables
Ice Cream | SF

Cream of Mushroom
House Salad
Bean Salad
Vegetable Cheese Quiche
Sweet Potato Casserole
Peas and Pearls
Tiramisu | SF

Fri

Juice
Fruit of the Day
Hot Cereal
Hard Boiled Egg
French Toast
Yogurt

Italian Soup
Lentil Salad
Macaroni & Cheese
Tuscan Blend
Pudding Pie | SF

Chicken Rice Soup
House Salad
Gefilte Fish
Honey Glazed Salmon
Potato Knish
Broccoli Florets
Lemon Crumb | SF

Sat

Juice
Fruit of the Day
Hot Cereal
Hard Boiled Egg
Muffin
Yogurt

Borscht
Mandarin Oranges
Lox with Bagel
Cream Cheese
Tomato and Onion
Carrot and Celery
Ice Cream | SF

Dill Pickle Soup
House Salad
Corned Beef on Rye
Chips
Coleslaw
Cookie | SF